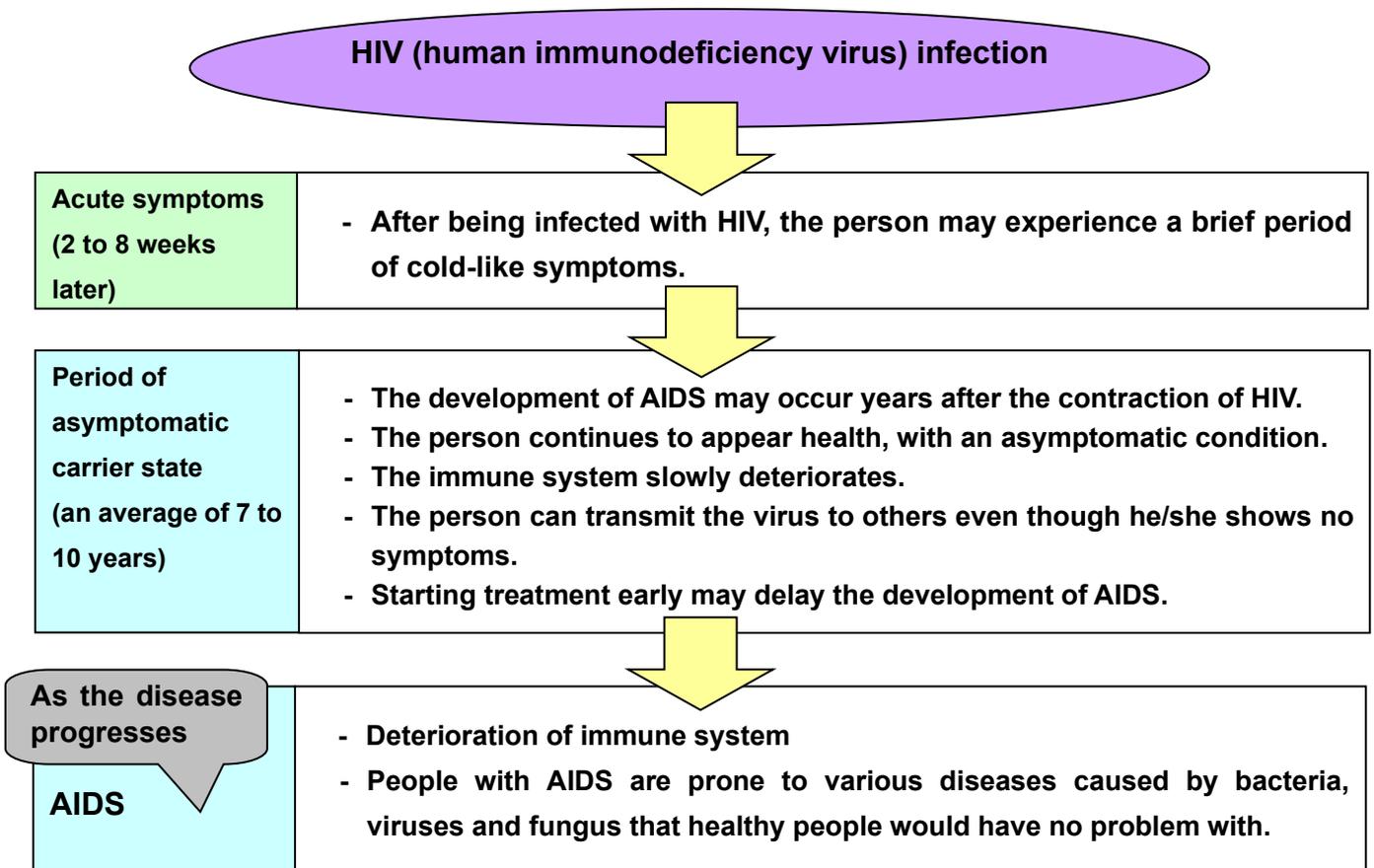


Let's Have an HIV Test!

 **HIV and AIDS are not the same thing!**



Early detection and treatment are important!

Means of transmitting HIV

HIV is primarily transmitted...

- via sexual intercourse (sex)
- via blood (sharing syringes contaminated with HIV)
- from mother to child
(transmitted from an HIV-infected mother to her child)

In Japan, the incidence of HIV and AIDS is higher among people aged 20 to 30 years old.



 **The HIV test offered at the Public Health Center is free and anonymous!**

HIV infection can be detected by taking a little bit of blood (about 5 ml). Because it takes about 6 to 8 weeks for antibodies to be produced in blood, an HIV test must be taken in about 3 months after possible exposure.

AIDS (HIV) testing schedule 2026

MONTH	DAY				
APR	1	8	15	22	—
MAY	—	13	20	27	
JUN	3	10	17	24	
JUL	1	8	15	22	29
AUG	5	12	19	26	
SEP	2	9	16	—	30

MONTH	DAY				
OCT	7	14	21	28	
NOV	4	11	18	25	
DEC	2	9	16	23	—
JAN	6	13	20	27	
FEB	3	10	17	24	
MAR	3	10	17	24	31

**June 1 to 7 – AIDS INTERNATIONAL WEEK,
December 1 – WORLD AIDS DAY**

- Date and time
 - every Wednesday: 13:00-15:00
 - the 4th Wednesday of every month,
June 3 and December 2(● sign): 13:00-15:00, 17:30-19:00
 - *except New Year’s holidays and national holidays
- HIV tests performed at : Yokkaichi City Public Health Center
(5th floor, Sougou Kaikan 2-2 Suwa-cho, Yokkaichi)
- Free and on an anonymous basis, no appointment necessary
- You need to return to the public health center for result

【Contact information】
Yokkaichi City Public Health Center,
Health Prevention Section, Health Prevention Division
TEL.(059)352-0595 FAX(059)351-3304
E-mail hokenyobou@city.yokkaichi.mie.jp

